

## Programme Inventory

### Introduction

The selection of interventions to improve the mental health and wellbeing of children and young people requires organisations to consider current interventions and practices they are implementing and how well-aligned additional interventions may be to their current service array. Service providers can use the Programme Inventory as an accompanying tool for selecting interventions when using the [Early Intervention Framework for Children and Young People's Mental Health and Wellbeing](#).

The Programme Inventory can be used to guide an organisation's review of current interventions and practices to produce a clear picture of existing interventions, mandates, and resource commitments. Information and data collected can be used by the organisation to explore the fit of additional interventions to improve mental health and wellbeing of children and young people, guide decision making to make room for new work, and assist with alignment of efforts.

Completion of the Programme Inventory can help organisations assign a rating to the Fit Domain when selecting interventions using the [Early Intervention Framework for Children and Young People's Mental Health and Wellbeing](#).

### Getting Started

- 1) The Programme Inventory should be completed and reviewed by a diverse interdisciplinary team that includes leaders, service managers and commissioners, practitioners, community members, and potential service users. This group should be familiar with the organisation's priorities and work.
- 2) The following questions can be used to guide the team completing the inventory:
  - What interventions is your organisation currently funding?
  - What unfunded interventions is your organisation currently pursuing?
- 3) For each intervention listed, consider the following questions:
  - Who is providing leadership for the initiative? Is there a team supporting the initiative? If so, who are the members?
  - What outcomes are expected once the intervention is implemented? What change is expected to occur as a result of the initiative?
  - Who is the initiative meant to help (i.e. focus population)?

- Is there a requirement to implement this intervention or report its impact/use? If yes, identify the entity (e.g. Health Board, Local Authority, Third Sector, Scottish Government) requiring the intervention.
- What financial resources are needed to implement the intervention? What is the total budgeted amount for this work?
- What human resources are needed to support implementation of the intervention (e.g. number of WTEs, professional background of workforce, training needs, technology supports required)?
- How well aligned is the intervention with your organisation's mission, vision, and strategic plan?
- What impact has the intervention had on its intended outcomes? Use data to describe impact for specific groups e.g. care experienced population/ particular age groups / racial or ethnic groups.

# Programme Inventory

Team Members: \_\_\_\_\_ Date: \_\_\_\_\_

Name of Intervention	Leadership of Intervention (Team and/or Coordinator Name(s) and Department)	Expected Outcome	Focus population	Start and End Date	Financial Commitment and Source of Funding (e.g. Health Board, Local Authority, Third Sector, Scottish Government, other)	Relation to Organisation Priorities & Strategic Plan	Evidence of Outcomes  What has happened thus far? For which groups? (e.g. particular age groups)

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